Drama Games & Improv

Sample Pack

AGES 11-14 I US LETTER



Mirror Partners and Three-Image Story

with four printable situation cards

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Mirror Partners

6 minutes | Pairs

Ask partners to face one another with an arm's length of space between them. They can sit or stand, depending on what is comfortable.

Instructions

1. Demonstrate with a partner, moving one hand slowly while they copy its direction and speed. Explain that the aim is to move together, as though looking in a mirror.

2. Ask partner A to lead for one minute. They might draw a shape in the air or wrap and open an imaginary present, keeping movements comfortable for both partners.

3. Swap roles for a further minute. Encourage the leader to watch their partner and slow down whenever they need time to catch up.

4. Let pairs try 30 seconds without choosing a leader. They will need to watch each other closely and adjust as they go; if they lose each other, pause and begin again.

5. Ask pairs to repeat a short sequence, then discuss what helped them stay together.

Example: A slowly folds an imaginary sheet of paper; B matches the size and pace.

Teaching notes

For pupils who need support: Pairs can work with one hand or use the space above a table. Pupils may describe movements aloud to help their partner follow, and do not need to make eye contact.

To develop the activity: Change the mood of the same action through tempo while keeping your partner with you.

Discussion question: What did you change so that your partner could follow?

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Three-Image Story

10 minutes | Groups of 3–5

Give each group a situation card from this pack. Explain that a frozen image is a pose held briefly to show a moment in the story; seated poses work too.

Instructions

1. Ask each group to read its situation card and agree who the characters are, where they are and what they want.

2. Groups create three frozen images showing the situation before the problem, the moment things change and what happens in response.

3. Practise holding each image for three seconds, relaxing between images. Pupils should support their own weight without lifting, leaning on or touching others.

4. Pair up the groups to share their sequences. Ask the watching group to describe the story they understood.

5. Give each group time to revise one image in response to the feedback, then show the sequence again.

Example: A team prepares a display; the labels get mixed up; they organise a new way to guide visitors.

Teaching notes

For pupils who need support: A pupil can direct the group using spoken instructions or sketches. Help everyone find a pose they can hold comfortably.

To develop the activity: Tell the story without a narrator, using spacing and attention to make the change visible.

Discussion question: What changed between the first and final image?

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Situation cards

Choose one of these situations for Three-Image Story and use it to create three frozen images showing how the story begins, what goes wrong and how the characters respond.

SITUATION 01

The mixed-up labels

Museum team

The objects are ready, but their labels are in the wrong order. Decide how to check them before visitors arrive.

SITUATION 02

The last display stand

Exhibition organisers

Two displays need the same stand. Find an arrangement that lets both be seen.

SITUATION 03

The surprising delivery

Workshop team

A box contains a different set of materials from the one you expected. Decide what you can make with it.

SITUATION 04

The rain plan

Outdoor event team

Light rain begins while you are setting up. Choose what to move and what can stay.

The full pack includes 20 activities, 24 prompt cards and three lesson plans. You can find it at www.drama-lesson-plans.co.uk/classroom-packs/drama-games-improv

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